

Sense Making Faith is an exciting new resource which helps people explore their spiritual pathway through life. Emerging from Christian traditions, each chapter is set out as a journey exploring spirituality through one of the physical senses. The resource is so organised that individuals or groups using it are offered waystations or landmarks in each journey, where they can pause, reflect, or engage in a simple action that allows deeper attention to God. Each chapter allows 'encounters' with other spiritualities and ideas, and asks questions about what it means to have faith in today's culture.

Sense Making Faith is a resource which can be used alone as a spiritual exercise or guide to deepening faith. While coming from a Christian background, it is an ideal tool for anybody who wants to explore spirituality, Christian or otherwise. It also comes with materials for group work and is excellent for church groups or house groups. The book is also accompanied by a website www.spiritualjourneys.org.uk which carries further resources for spiritual seekers, as well as clergy and church members.

Sense Making Faith is written by Anne Richards in conjunction with the Mission Theological Advisory Group. Anne Richards is the Church of England's national adviser for mission theology, alternative spiritualities and new religious movements. MTAG is the ecumenical body responsible for works on the gospel in relation to culture, such as *The Search for Faith and the Witness of the Church, Presence and Prophecy*, and *Transparencies*. It is chaired currently by Bishop David Atkinson and Professor John Drane, the well-known author of several books on New Age spirituality and new religions.